



FERNDALE GOLDEN EAGLES

2023 Varsity Boys Cross Country



Name	Year	Name	Year
Samuel Andres	10	Jackson MacBeth	11
McKinnon Bailey	12	Ethan O'Larey	9
Broderick Beier	12	Landon Shaw	11
Aiden Britain	9	Benjamin Stauffer	11
Aron Dahlstrom	11	Grant Stauffer	11
Mason Filippini	10	Tamon Wattam	11
Stefan Gergen	12	Aiden White	11
Spencer Hamilton	10	Jaxson Wippert	10
Lucas Harris-Nelson	11	Kyler Woodrich	12
Henry Huynh	11	Jackson York	10
William James	10	Evan Ziesing	10

Head Coach

Nick Carlson

Assistants

Peter Finstuen

Athletic Secretary

Katie Kruckeberg

Superintendent

Kristi Dominguez

Principal

Rav Dhillon

Asst Principal

Karli Koning
Ben Goodwin
John Jensen

Athletic Director

Eric Tripp

Athletic Trainer

Melina Avinon
Tom Diimmel



FITNESS TRAINING

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